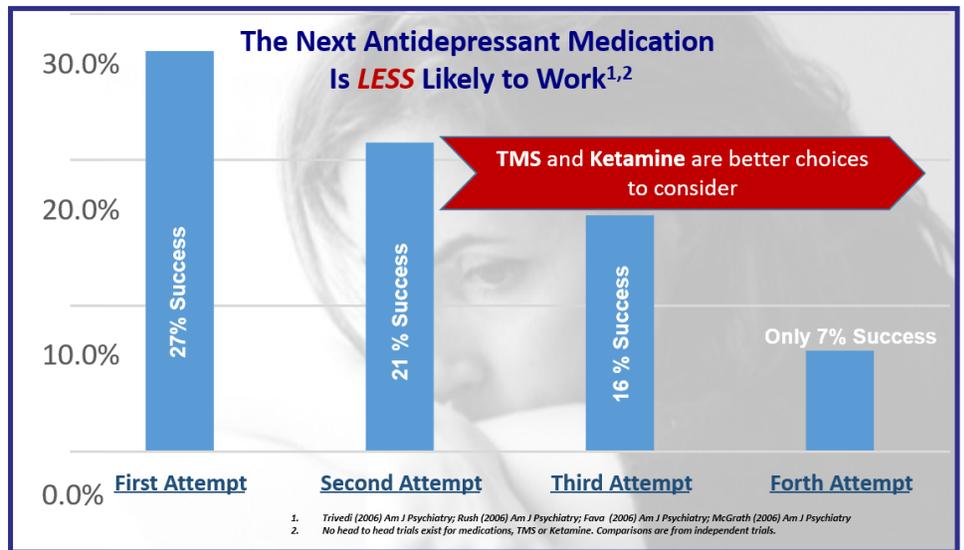




Why the NEXT Antidepressant Medication May Not Work

As a practicing psychiatrist for over 8 years, I have experienced both great and frustrating results with psychiatric medications. My results are consistent with the largest antidepressant study by the National Institutes of Mental Health. The study was called STAR*D (Sequenced Treatment Alternatives to Relieve Depression).

This definitive study on the treatment of depression showed that only **one in three patients** reach remission with their first antidepressant drug attempt. With each successive attempt, the chance of success decreased, and the probability of problems tolerating the drug treatment increased.



You can see by the graph above that drug treatment's success diminishes with each successive trial, and the data also shows that there is an increased chance in the number and intensity of side-effects which may lead to loss of treatment adherence.

TMS Therapy and Ketamine: Better Options When Medications Don't Work

About TMS (Transcranial Magnetic Stimulation) Therapy

TMS therapy was cleared by the FDA in 2008 for treatment of depression that had not improved after the failure of at least one antidepressant. Since that time, over 1 million TMS therapy treatments have been performed with a high amount of success and minimal side effects. As our region's leading TMS provider, we have even seen excellent results in patients who have suffered for years with both chronic depression and anxiety.

Benefits of TMS Therapy

- Non-invasive and does not require any anesthesia or sedation, as the patient remains awake and alert during the treatment.
- Non-systemic and does not have the risk of side effects commonly seen with medications such as weight gain, sexual dysfunction, tiredness, or nausea. Also, TMS does not have the risk of memory loss or cognitive problems that can be seen with ECT treatment.

Who Can Transcranial Magnetic Stimulation Help?

- If antidepressants are not working to provide FULL relief of symptoms
- If too many medications are causing side effects and negatively impacting quality of life

TMS therapy is now covered in Montana and our area by:



About IV Ketamine Therapy

There has been a great deal of excitement in the world of psychiatry and brain health over the past few years as studies continue to point to rapid, robust antidepressant effects of IV Ketamine infusions. While ketamine has been in use as an anesthetic in surgical and ER settings since the 1970's, the antidepressant application of this medication has been realized more recently. While most antidepressants may take several weeks to take effect, studies show 50-80% of people report significant improvement in symptoms after 1-2 infusions. Ketamine is showing promise for treating other conditions including PTSD, severe anxiety, OCD, and suicidal thoughts. **At Montana Psychiatry, our patient response rate for ketamine therapy has been near 80%.¹**

Ketamine and TMS Therapy are often better options than the next antidepressant medication



Benefits of Ketamine Therapy

Rapid and robust reduction in depression, suicidal thoughts, anxiety, OCD, and PTSD symptoms.

Who Can IV Ketamine Infusion Therapy Help?

- Patients who have not experienced FULL relief of symptoms with medications or talk therapy
- Patients with severe symptoms who want rapid relief from their symptoms
- Patients who have experienced side effects from antidepressants

For more information about Ketamine Therapy, visit our website at montanaketamine.com or call our office at (406) 272-6799. ¹ Data on file 2016



Erin Amato, MD
Interventional Psychiatrist

Our Services:

The doctors of Montana Psychiatry specialize in the ongoing treatment of various psychiatric illnesses for children, adolescents and adults. Some of the problems we treat include:

- Depression
- Anxiety
- Psychotic Disorders
- Obsessive Compulsive Disorder
- Autism Spectrum Disorders
- Bipolar Disorder
- Post Traumatic Stress Disorder
- Attention Deficit Disorders
- Substance Abuse Disorders

Experienced in Ketamine and TMS therapy Services

TMS Therapy Approved by Health Insurers



and others...

"I am so happy to announce that today I finished my final day of my TMS Treatment! I am so beyond happy of my outcome and it was one of the best decisions I ever made. I can finally say "I'm happy" and I can actually remember what it's like to be happy!" ~ A Montana TMS Patient

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Restoring hope through traditional
and breakthrough treatments