

RELIEF FROM DEPRESSION WITH TMS THERAPY

*Everything you need to know about
Transcranial Magnetic Stimulation*



DEPRESSION IS NOT A ONE-SIZE-FITS ALL DISORDER

Major Depression is more than just feeling sad. It's a serious medical condition that should be treated as such. Like other illnesses, depression is NOT a one-size-fits-all disease. In fact, there are many different types of depression and it can look very different from person to person.

The symptoms of depression can be crippling for those who suffer from this illness. Major Depressive Disorder (MDD) is a debilitating illness associated with frequent relapses, persistent symptoms, and incomplete recovery.

MDD can interfere with daily activities, causing persistent feelings of sadness, loss of interest, and hope. It negatively impacts relationships, disrupts school and career goals, and robs people of the peace and happiness they hope for in life. In the worst cases, some people feel as if life isn't worth living anymore.



UNDERSTANDING TMS THERAPY AS A SECOND-LINE TREATMENT

In the field of psychiatry, our first-line treatment usually consists of psychotherapy and/or medication. But, for the one-third of patients who are failed by traditional protocol, interventional treatments may be the answer. Just as it sounds, interventional psychiatry is when the physician intervenes or provides treatment to the patient who has not received relief from standard protocol. In these cases, we turn to innovative and advanced treatments to restore a patient's wellness.

Nearly 30% of patients don't experience relief from medication or talk therapy and need something more than the standard protocol - that's where TMS Therapy can help!



WHAT IS TMS THERAPY?

TMS Therapy (formally known as Transcranial Magnetic Stimulation) is an FDA-approved, cutting-edge therapy uses magnetic stimulation to reinvigorate areas of the brain that have been affected by depression essentially turning those areas 'on' again.

During the treatment, an electromagnetic coil is placed against your scalp. The electromagnet painlessly delivers a magnetic pulse that stimulates nerve cells in the region of your brain involved in mood control and depression. It's thought to activate regions of the brain that have decreased activity in depression helping them feel better again!

IS TMS THERAPY RIGHT FOR ME?

TMS Therapy can help patients who can't find relief or experience unwanted side effects from medications and talk therapy. If you or someone you love have tried first-line treatments without relief, our compassionate team at Montana Psychiatry and Brain Health is here to help you get started on your journey to mental wellness.

TMS is currently approved by the FDA for depression that has not improved after at least one antidepressant trial. TMS is a covered treatment by [CIGNA](#), [BlueCross BlueShield](#), [Medicare](#), [Allegiance](#), [PacificSource](#), [Medicaid](#), [Tricare](#) and others. Each insurance has their own requirements for coverage and our TMS team will advocate on your behalf with your insurance company for coverage of this treatment.



Don't hesitate to reach out for support.
Our compassionate team is here to help you find
relief and renewed wellness.

Give us a call today

 406-839-2985



MONTANA PSYCHIATRY
&
BRAIN HEALTH CENTER